



Moussaka

Ingredients:

Eggplant, ground beef, potato, onion, garlic, cinnamon, parmesan cheese, salt and pepper to taste, fresh parsley, tomato paste, tomato sauce, thyme, nutmeg, and béchamel sauce.

Cooking Instructions:

Thaw in refrigerator overnight. Cook for about one hour at 350 degrees or until golden brown.



Pastitsio

Ingredients:

Ziti pasta, ground beef, parmesan cheese, salt and pepper to taste, thyme, nutmeg, tomato sauce, tomato paste, onion, garlic, fresh parsley, and béchamel sauce.

Cooking Instructions:

Thaw in refrigerator overnight. Cook for about one hour at 350 degrees or until golden brown.