



Pastitsio

Ingredients:

Ziti pasta, ground beef, parmesan cheese, salt and pepper to taste, thyme, nutmeg, tomato sauce, tomato paste, onion, garlic, fresh parsley, and béchamel sauce.

Instructions:

Thaw in refrigerator overnight.

Preheat oven at 350 degrees.

Remove all coverings from pan (aluminum and plastic wrap) before putting pan in the oven.

Place pan in the center of the oven.

Cook for about one hour at 350 degrees or until golden brown.

Remove from oven and let sit for about 20 minutes.

Cut and serve. ENJOY!!!



Moussaka

Ingredients:

Eggplant, ground beef, potato, onion, garlic, cinnamon, parmesan cheese, salt and pepper to taste, fresh parsley, tomato paste, tomato sauce, thyme, nutmeg, and béchamel sauce.

Instructions:

Thaw in refrigerator overnight.

Preheat oven at 350 degrees.

Remove all coverings from pan (aluminum and plastic wrap) before putting pan in the oven.

Place pan in the center of the oven.

Cook for about one hour at 350 degrees or until golden brown.

Remove from oven and let sit for about 20 minutes.

Cut and serve. ENJOY!!!